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Portugal #1

Field Hockey Tour

Lisbon

9 Day / 7 Night Program



SUGGESTED PROGRAM

PLEASE NOTE: The dates and times of the activities below will likely be adjusted to accommodate your game schedules, which will be finalized in the weeks prior to your team's arrival at its destination. All times are approximate and may vary according to flight schedules and other logistical factors.

ALL FIELD HOCKEY ACTIVITIES ARE HIGHLIGHTED IN RED.

Day 1

USA – FLIGHTS

Fly overnight to Lisbon. Possible change of plane enroute. Breakfast and dinner served aloft.

Day 2

LISBON

(D)

Morning arrival in Lisbon. Greeting by your Tour Manager.

Transfer by private motorcoach to Lisbon.

Check in to your Three-Star Hotel.

Free time to explore the neighborhood around your hotel and have lunch on your own.

PRACTICE SESSION

Overnight: Lisbon

Day 3

LISBON

(B,D)

Lisbon "Old Town" – Walking Tour (Center)



Alfama District



Praça do Comércio



Rossio Square

- **São Jorge's Castle** – Moorish-style fortress with wonderful views overlooking the city. (admission included)
- **Carmo Convent** - Gothic ruins mostly destroyed by the 1755 earthquake. (admission included)
- **Chiado** – Square that is a traditional shopping area comprised of a mix of older shops and more modern stores.

Biking - Lisbon Neighborhoods & Waterfront (optional for a fee)

Enjoy a guided scenic bike ride through some of Lisbon's neighborhoods and waterfront. (Bikes and Guide included)

Overnight: Lisbon

Day 4

LISBON

(B,D)

Lisbon - Belém District – Walking Tour (West)



Belém Tower



Jerónimos Monastery



Memorial to the Discoveries

- **Belém Tower** - Intriguing structure originally built as a fortress to guard the entrance to Lisbon's harbor and displaying the distinctively Portuguese Manueline architectural style.
- **Memorial to the Discoveries** - Imposing monument to Portugal's glory days of empire known as the "Age of Discovery".
- **Jerónimos Monastery** - An abundance of intricate and elaborate architectural details make this complex one of Lisbon's most impressive landmarks. (admission included)
- **Ajuda Palace** - Magnificent neo-classical structure built for the royal family who never occupied it due to their exile to Brazil after the Napoleonic invasions. (admission included)

MATCH # 1 vs. a PORTUGUESE FIELD HOCKEY TEAM

Overnight: Lisbon

Day 5

SINTRA

(B,D)

Sintra – Cabo da Roca – Cascais – Estoril - Full-Day Tour



Cabo da Roca



Peña Palace



Cascais

Sintra - Charming village set amidst wooded rolling hills.

- **Peña Palace** - Majestic 19th century fairy-tale like castle. (admission included)
- **Castle of the Moors** - Classic hilltop medieval castle with granite walls and turrets dating back to the 9th century. (admission included)

Cabo da Roca - Westernmost point in Europe for great views of the cliffs and Atlantic Ocean.

Cascais & Estoril - Charming seaside towns with some wonderful beaches.

Cooking Class - "Pastel de Nata" - (optional for a fee)

Learn how to prepare the classic Portuguese pastry made of eggs and topped with cinnamon. Enjoy the results as a tasty snack !

Overnight: Lisbon

Day 6

LISBON

(B,D)

"Parque das Nações" - Half-Day Visit

This section of Lisbon features modern and futuristic structures, many of which were built for the 1998 World Exposition, in striking contrast to the city's older and more traditional neighborhoods.

Free time to enjoy the park, gardens and restaurants along the edge of the Tagus River.

MATCH # 2 vs. a PORTUGUESE FIELD HOCKEY TEAM

Overnight: Lisbon

Day 7

ÓBIDOS – PENICHE – NAZARÉ

(B,D)

Obidos, Peniche & Nazaré - Full-Day Tour



Nazaré Beach



Óbidos



Fátima Sanctuary

Visit historic and picturesque towns near Lisbon:

- **Óbidos** - "The Medieval City" with its massive wall enveloping the town and hilltop castle.
- **Peniche** – Beautiful seaside town. Enjoy views of Cabo Carvoeiro, Peniche Fortress and Fort of São João Baptista.
- **Nazaré** - Quaint fishing village ideal for exploring and relaxation.

Overnight: Lisbon

Day 8

LISBON

(B,D)

Free day to explore the city and discover sights on your own:

- **Alfama** – One of the city's oldest districts, Alfama is marked by hills and narrow streets lined with cafés and shops featuring goods by local artisans.
- **Mouraria** – This once forgotten neighborhood is now a trendy art and cultural district
- **Bairro Alto** – Bohemian district filled with centuries-old houses and eye-catching street art.

MATCH # 3 vs. a PORTUGUESE FIELD HOCKEY TEAM

Overnight: Lisbon

Day 9

LISBON – USA

(B)

Fly back to the USA, arriving the same afternoon. Possible change of plane enroute.

Your Portuguese Adventure comes to a close with great memories to cherish for a lifetime !



TOUR INCLUSIONS:

Travel Services:

- Economy-class Air Transportation USA - Lisbon round-trip
- Airport / Hotel / Airport transfers by private motorcoach
- 7 nights at a Three-Star Hotel in Lisbon or near the game facilities
- Breakfast and one other meal daily (lunch, dinner or post-match get-together with opposition, personal beverages not included)
- Lisbon "Old Town" - Walking Tour

- São Jorge's Castle - (admission included)
- Carmo Convent – (admission included)
- Lisbon Belém District – Walking Tour
- Jerónimos Monastery - (admission included)
- Ajuda Palace – (admission included)
- Sintra Village, Cabo da Roca, Cascais & Estoril - Full-Day Tour
- Peña Palace - (admission included)
- Castle of the Moors - (admission included)
- "Parque das Nações" - Half-Day Visit
- Óbidos, Peniche & Nazaré - Full-Day Tour
- **Tour Manager** available as necessary in Portugal and 24/7 access in case of emergency
- 24/7 Emergency Support from our **Victory Sports Tours'** Operations Office

- **Field Hockey Program:**

- **3 Games vs. Portuguese club / university teams at your level**
- **1 Practice Session**
- **Opponent Matching Services**
- **Water at Games & Practices**
- **Round-trip transfers to above sports activities by private motorcoach**

Summary of Included Meals:

- 7 Breakfasts
- 7 Other Meals (lunch, dinner or post-match get-together with opposition, personal beverages not included)

Tour Price:

Click on [Victory Sports Tours - Sample Tours](#) select your sport and find **Portugal #1** for pricing.

- One **FREE COACH'S TRIP** is included in all of the above price ranges.
- Coach would share twin room with a paying traveler and pay **only taxes/fees**.
- Tour Price is subject to increase if there are fewer than 20 paying travelers.
- Taxes/fees/fuel charge are subject to change according to government and airline increases, which will be finalized approx. 45 days prior to departure.

Exchange Rate Protection:

- Tour prices are based on the current U.S. Dollar / foreign currency exchange rate.
- Price may vary if the exchange rate were to change significantly **before** we receive your first tour deposit.
- You will **not** be subject to any surcharge due to exchange rate increases that occur **after** we receive your first tour deposit.

Not Included:

- Any items not listed as included in the above sections under "TOUR INCLUSIONS"
- Passport fees - Passports are required to travel internationally
- Visa fees - If visas are required, typically in the case of non-US citizens
- Personal beverages at meals
- Uniform laundry - Your tour manager will assist you in finding laundromats (most hotels in foreign countries do not have laundry facilities)
- Tips for tour manager, city tour guides and motorcoach drivers (recommended **US\$ 25-30 per traveler** to cover all tour staff)
- Any fees imposed by the airlines at the airport for checked baggage that exceed the number of pieces allowed or size/weight allowances, such as Goalie Bags
- Travel insurance - We will offer you the option to purchase travel insurance through an independent travel

insurance specialist.

- Optional Activities as noted in the itinerary.

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